



# CUPPING INFORMED CONSENT

PATIENT \_\_\_\_\_

DATE \_\_\_\_\_

**JOSEPH A. CERIMELE, DO**  
*Physical Medicine & Rehabilitation  
Sports Medicine*

**JOSEPH A. DIDOMENICO, DC**  
*Chiropractic Orthopedics  
Chiropractic Consultant*

**JOHN L. DUNNE, DO**  
*Occupational Medicine  
Independent Medical Examiner*

**ANDREW J. HOSPODAR IV, DC**  
*Sports Medicine  
Rehabilitation  
Licensed Acupuncturist*

I \_\_\_\_\_, will be receiving cupping therapy, which will increase blood flow to the surface of the skin to facilitate healing. It will also soften tight muscles and tone attachments, loosen adhesions and lift connective tissue/fascia, bring hydration and blood flow to body tissues, and drain excess fluids and toxins by opening lymphatic pathways.

Some side effects, which may include, but are not limited to:

- Uncomfortable Process
- Swelling and bruises at the site of treatment.
- The suction causes the blood to flow to the surface of the skin which causes swelling.
- Lightheadedness, skin infection, dizziness, nausea, swelling, bruises (bruising may last up to 14 days).

Please advise your therapist or physician if you have a bleeding disorder such as hemophilia or if you are being treated with anticoagulants, as cupping may not be a good treatment option for you.

Please notify your therapist/physician if you are currently taking the following medications:

- Heparin
- Warfarin (Coumadin)
- Rivaroxaban (Xarelto)
- Dabigatran (Pradaxa)
- Apixaban (Eliquis)
- Edoxaban (Savaysa)
- Enoxaparin (Lovenox)
- Fondaparinux (Arixtra)

Ohio Sports & Spine Institute is not liable for any side effects associated with cupping therapy.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
PRINT DATE

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**HOWLAND**  
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